

Acute Dizziness and Balance workshop 2017

Conference details: November 20th, 2017, London, UK.

Report by: Dr Georgios Korres, BSc (Hons) CMB, MD, PhD, Clinical Fellow in Audiovestibular Medicine, Royal National Throat, Nose and Ear Hospital, University College London Hospitals NHS Trust.

Conflict of interest statement: Dr Korres used to work as a Clinical Fellow in Audiovestibular Medicine at the Royal National Throat, Nose and Ear Hospital where Dr Kaski runs weekly Neuro-Otology clinics.

An original attempt for a one-day workshop by one of the prestigious Consultants of the National Hospital of Neurology and Neurosurgery, Dr Diego Kaski, proved a great success in the heart of Central London, at the British Transport Museum.

Following the heavy legacy and continuous success of Queen Square's Dizzy course, this workshop – focussing on acute vertigo – was heavily subscribed by a large variety of professionals including Emergency Department clinicians, Physiotherapists, Audiologists, Scientists and GP practitioners. Its main aim was to introduce the audience to the basics of acute peripheral and central vestibular disorders, through a series of lectures delivered by worldwide leaders of the subject.

The hands-on sessions and interactive lectures were very fruitful, as they presented the audience with the opportunity to express all kinds of thoughts and questions, from basics up to more tortuous subjects. Given the ethnic and cultural diversity of the conference, the opinions and problems arising in different clinical environments certainly added experience to the understanding and treatment of vertigo and dizziness.

The conference opened with Professor Linda Luxon, who gave us a memorable lecture on the characteristics of central vertigo, comparing studies while adding her own professional experience. Dr Amanda Male, a Vestibular Physiotherapist at RNTNEH then followed with an update on the advances in physiotherapy and how it can be helpful to specific individuals suffering from disequilibrium.

Dr Diego Kaski, Consultant Neurologist and Chairman took the stand and introduced us to the practical sessions of the conference. By asking the delegates not only to observe but also to perform manoeuvres, such as the Semont and Epley repositioning manoeuvres for treatment of BPPV, he gave the audience the chance to practice their skills under the supervision of experienced Consultants.

Professor Adolfo Bronstein, Consultant Neurologist at the National Hospital of Neurology and Neurosurgery, gave a fascinating lecture on how to differentiate central from peripheral vertigo in acute settings, also providing specific examples and case reports.

Professor Doris Bamiou, Consultant in Audiovestibular Medicine at the Royal National Throat, Nose and Ear Hospital, gave an intriguing lecture on how the inner ear is vulnerable to stroke, introducing us to cortical agnosia and explaining auditory processing and auditory functions in stroke.

The afternoon sessions included a useful and informative discussion of the differences between vestibular neuritis and labyrinthitis, as well as a clear and practical overview of vestibular migraine by Dr Louisa Murdin. The workshop ended with a video-based case discussion focussing on the diagnosis and management of a variety of gait disorders that de-mystified and simplified such a complex and common neurological dysfunction.

The workshop has rightfully earned its place in the diary of Dizziness conferences in the UK.

The next meeting will be held at the Transport Museum on the 20th November 2018.

To list your event in this diary email Rachael@acnr.co.uk by 6th April, 2018

MARCH

Association of the European Pediatric Cardiologists (AEPC) Working Group Bi-Annual Conference “Neurodevelopment and Psychosocial Care from Fetus to Adult”

7-9 March, 2018; Leicester, U.K.
E. Wendy.Miller@uhl-tr.nhs.uk

Arts Therapies and Brain Injury: Optimising Outcomes Across Assessment, Treatment and Care

15 March, 2018; BMA House, London, UK
Book form at www.wearechroma.com

From Holmes to House – 500 years of the diagnostic neurologist

20 March, 2018; London, UK.
www.rcplondon.ac.uk/Holmes-to-House

APRIL

2018 Neuromodulation Society of Australia and New Zealand 13th Annual Scientific Meeting

6-8 April 2018; International Convention Centre Sydney, NSW, Australia
www.dconferences.com.au/nsanz2018

2018 Australian Pain Society 38th and New Zealand Pain Society Conjoint Annual Scientific Meeting

8-11 April 2018; International Convention Centre Sydney, NSW, Australia
www.dconferences.com.au/apsnzps2018/

Complex Epilepsy Study Day

13 April, 2018, Manchester, UK
T. Jacqui McAleer 07836 650782.
jmassociates1@me.com

MAY

Padovan Method of Neuro Functional Reorganisation Course

3-6 May, 2018; Brighton, UK
E. Lorena Salerno
info.uk.nfrpadovan@gmail.com

Specialist Rehabilitation Medicine Event

17-18 May, 2018; Derbyshire, UK
Contact NCore for further details:
dhft.ncore@nhs.net
T. 01332 254679 – www.ncore.org.uk

Manchester Neuroimmunology Study Day: Making sense Of POTS and PANS

18th May, 2018; Manchester, UK
E. paediatricneurologymch@gmail.com
www.paediatric-neurology.com/neuroimmunology-study-day-.html

JUNE

European Neuro Convention

6-7 June, 2018; London, UK. FREE tickets at www.neuroconvention.com

Parkinson's Advanced MasterClass – Parkinson's Academy

12-14 June, 2018; Halifax Hall, Sheffield
<http://parkinsonsacademy.co/courses/advanced-masterclass-course/>

Rehabilitation Medicine Society of Australia and New Zealand Snapshots Workshop 2018 (RSMANZ Snapshots 2018)

Saturday 16 - Sunday 17 June 2018; Melbourne, Australia
www.dconferences.com.au/snapshots2018

The Rubik's Cube of Childhood Brain Injury – The Children's Trust National Paediatric Brain Injury Conference

Wednesday 20 June, 2018; The Royal Society of Medicine, London, UK
www.thechildrenstrust.org.uk/conference

MS Non-specialist MasterClass – MS Academy

26-28 June, 2018; Halifax Hall, Sheffield, UK
<http://multiplesclerosisacademy.org/courses/general-ms-masterclass>

JULY

British Society of Neuro-Oncology Annual Meeting

4-6 July, 2018; Winchester, UK
<https://www.bnos.org.uk/events/bnos-conference/>

Frontiers in Traumatic Brain Injury

5-6 July, 2018; London, UK
<https://frontiersintbi.com>

Short Course: The Comorbidities of Epilepsy

Friday, 6th July 2018
St George's University Hospital, Tooting, London, UK
<https://www.sgul.ac.uk/study/professional/short-courses>

SEPTEMBER

Parkinson's Foundation MasterClass – Parkinson's Academy

4&5 September, 2018; Halifax Hall, Sheffield, UK
<http://parkinsonsacademy.co/courses/foundation-masterclass-course/>

ILAE British Chapter Annual Scientific Meeting

26th-28 September, 2018; Birmingham, UK
Early Bird Rate available until the 30th July 2018
www.ilaebritishconference.org.uk/

NOVEMBER

MS Specialist MasterClass – MS Academy

21-23 November, 2018; Halifax Hall, Sheffield, UK
<http://multiplesclerosisacademy.org/courses/specialist-ms-masterclass/>

DECEMBER

UK Stroke Forum Conference

4-6 December, 2018; Telford, UK
<https://www.stroke.org.uk/professionals>